

# Vision Mapping For 2010



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Are you ready to create your best year yet? If so, you don't want to miss the opportunity to make your own *Vision Map*! Using the principles of Feng Shui, art therapy and life coaching, this workshop will give you all the tools you need.

- Identify your personal goals for the New Year
- Set powerful intentions for your life
- Create an artful map to keep you focused
- Discover regular rituals you can use to stay on track
- Connect and share supportive ideas with like-minded women

This workshop meets in two sessions. The first session we will gather and learn about *Vision Mapping*. You will leave with workbook exercises to complete on your own to collect your ideas and collage images for your map. In Part Two, we will create the *Vision Maps* using paint, collage images and found objects. Artist and Feng Shui practitioner Angela Austin will co-facilitate this workshop and support you step-by-step in creating your beautiful, unique map. Supplies will be included!

## Workshop Sessions

Sunday, January 24<sup>th</sup> 2:30-4:30

and

Sunday, February 21<sup>st</sup> 2:00-5:00

**Savannah** is a personal coach who loves supporting women as they embrace the wisdom of their creative, feminine essence. She is inspired by women creating intentional, purpose-filled lives.

## Only \$95

for both sessions, workbook and art materials.  
15% discount if you register with a friend.  
Space limited to 8 people, so call today!

## 503-473-4754

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